

Date: April 2, 2016, Saturday

Time: 8:30am to 3:30pm

Meeting point:

Kam Sheung Road MTR Station

Joining Fee: Member \$100

Non-member /guests \$150

Children \$100

Enrollment: before March 18, 2016

Email to: Chef Eddy (852-6196-9046)

Prochef.concept@gmail.com

FARM VISIT PROGRAM APRIL 2, 2016

8:30 AM TO 3:30 PM

KAM SHEUNG ROAD MTR STATION

8:30 Kam Sheung Road MTR Station

9:00 - 10:00 Yat Fung Organic farm visit

(Tomato, carrot, cabbage, celery, capsicum,

fruit, cauliflower, eggplant)

10:30 - 11:30 Yuen Long Fascinating Mushroom Farm

(Portabella, white & brown mushroom)

12:00 - 1:00 Traditional Vegetarian lunch at

Fanling Wan Chun Temple

1:00 - 2:00 Strawberry Picking (Japanese &

French Strawberry)

2:00 – 3:00 Zen Organic Farm visit

3:30 Fanling MTR station

